



Catholic Youth Organization

Athletics • Camping • Outdoor Education • Parish Youth Ministry

Crusader Athletics Senior Girls' Volleyball 2019

Welcome to the 2019 Senior Girls Volleyball Season!

Senior Division I - 20 Teams		
ACMT	Our Lady of the Assumption	St. Mark
Annunciation of Our Lord	St. David	St. Matthew
Corpus Christi	St. Eugene	St. Michael
Guardian Angels	St. Gabriel	St. Teresa of Calcutta
Holy Name of Mary	St. Joseph	St. Therese of Lisieux A
Immaculate Conception	St. Joachim	St. Therese of Lisieux B
	St. Marguerite D'Youville	Sts. Peter & Paul
Senior Division II - 26 Teams		
Immaculate Heart of Mary	Holy Name of Jesus	St. Luke
Notre Dame	St. Anthony Daniel	St. Margaret Mary
Our Lady of Lourdes	St. Augustine	St. Martin of Tours
Our Lady of Mount Carmel	St. Bernadette	St. Patrick
Regina Mundi	St. Francis Xavier	St. Paul
Sacred Heart of Jesus	St. James	St. Teresa of Avila
St. Agnes	St. John the Baptist	St. Thomas
St. Ann, Ancaster	St. Kateri	St. Vincent de Paul
St. Ann, Hamilton	St. Lawrence	

****During the regular season, you may be playing against teams in another division. The divisions above are the divisions for the playoffs and are based on population****

NEW for 2019!!

- The height of the volleyball net will be raised to 7 feet or 2.1 meters! (from 6 feet 6 inches or 2 meters)
- Overhand serving will be allowed in all divisions! (This doesn't mean you need to do it, underhand serving is still allowed)

This is a 5 week season! Each team will play every week!

Playoff weekend is Friday, Saturday & Sunday, February 22, 23 and 24th 2019. Please mark this on your calendar.

➤ Submit your rosters on or before Friday, January 25th, 2019

Have a great season! I will see you on the courts. Good luck!

Stephanie Accomando
Program Co-ordinator
905 – 528 – 0011 ext. 2229
stephanie.accomando@cyo.on.ca





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Week 1					
Day	GYM	Time	Division	Team 1	Team 2
Monday January 7th	ACMT	4:15pm	SR.	ACMT	Sts. Peter & Paul
Monday January 7th	Sacred Heart	5:00pm	SR.	Sacred Heart	St. Joseph
Monday January 7th	St. Therese of Lisieux	4:15pm	SR.	St. Therese of Lisieux A	Immaculate Conception
Monday January 7th	St. Teresa of Avila	4:15pm	SR.	St. Teresa of Avila	St. Kateri
Monday January 7th	St. Martin of Tours	5:00pm	SR.	St. Martin of Tours	St. Agnes
Tuesday January 8th	St. Eugene	4:15pm	SR.	St. Eugene	St. David
Tuesday January 8th	St. Augustine	5:00pm	SR.	St. Augustine	St. Vincent de Paul
Tuesday January 8th	St. Lawrence	5:00pm	SR.	St. Lawrence	Notre Dame
Tuesday January 8th	St. Therese of Lisieux	4:15pm	SR.	St. Therese of Lisieux B	Corpus Christi
Tuesday January 8th	St. Thomas	5:15pm	SR.	St. Thomas	St. Bernadette
Tuesday January 8th	St. Paul	4:45pm	SR.	St. Paul	St. James
Tuesday January 8th	St. Michael	5:00pm	SR.	St. Michael	Holy Name of Mary
Tuesday January 8th	Immaculate Heart of Mary	5:00pm	SR.	Immaculate Heart of Mary	St. Ann, Ancaster
Wednesday January 9th	Holy Name of Jesus	5:00pm	SR.	Holy Name of Jesus	St. Margaret Mary
Wednesday January 9th	St. Gabriel	5:00pm	SR.	St. Gabriel	Our Lady of the Assumption
Wednesday January 9th	St. Gabriel	6:30pm	SR.	St. Francis Xavier	St. Teresa of Calcutta
Wednesday January 9th	Our Lady of Lourdes	5:00pm	SR.	Our Lady of Lourdes	St. Luke
Wednesday January 9th	Our Lady of Lourdes	6:30pm	SR.	Annunciation of Our Lord	Guardian Angels
Wednesday January 9th	St. Marguerite D'Youville	5:00pm	SR.	St. Marguerite D'Youville	St. Joachim
Thursday January 10th	Our Lady of Mount Carmel	5:15pm	SR.	Our Lady of Mount Carmel	Regina Mundi
Thursday January 10th	St. Ann, Hamilton	5:00pm	SR.	St. Ann, Hamilton	St. Anthony Daniel
Thursday January 10th	St. John the Baptist	5:00pm	SR.	St. John the Baptist	St. Patrick
Thursday January 10th	St. John the Baptist	6:30pm	SR.	St. Mark	St. Matthew





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Week 2					
Day	GYM	Time	Division	Team 1	Team 2
Monday January 14th	ACMT	4:15pm	SR.	ACMT	Immaculate Conception
Monday January 14th	Sacred Heart	5:00pm	SR.	Sacred Heart	St. Agnes
Monday January 14th	St. Therese of Lisieux	4:15pm	SR.	St. Therese of Lisieux A	Holy Name fo Mary
Monday January 14th	St. Teresa of Avila	4:15pm	SR.	St. Teresa of Avila	St. Bernadette
Monday January 14th	St. Martin of Tours	5:00pm	SR.	St. Martin of Tours	St. David
Tuesday January 15th	St. Eugene	4:15pm	SR.	St. Eugene	Sts. Peter & Paul
Tuesday January 15th	St. Augustine	5:00pm	SR.	St. Augustine	St. Kateri
Tuesday January 15th	St. Lawrence	5:00pm	SR.	St. Lawrence	St. Vincent de Paul
Tuesday January 15th	St. Therese of Lisieux	4:15pm	SR.	St. Therese of Lisieux B	Guardian Angels
Tuesday January 15th	St. Thomas	5:15pm	SR.	St. Thomas	Regina Mundi
Tuesday January 15th	St. Paul	4:45pm	SR.	St. Paul	St. Teresa of Calcutta
Tuesday January 15th	St. Michael	5:00pm	SR.	St. Michael	Corpus Christi
Tuesday January 15th	Immaculate Heart of Mary	5:00pm	SR.	Immaculate Heart of Mary	St. Margaret Mary
Wednesday January 16th	Holy Name of Jesus	5:00pm	SR.	Holy Name of Jesus	St. Anthony Daniel
Wednesday January 16th	St. Gabriel	5:00pm	SR.	St. Gabriel	St. Mark
Wednesday January 16th	St. Gabriel	6:30pm	SR.	St. Francis Xavier	St. Luke
Wednesday January 16th	Our Lady of Lourdes	5:00pm	SR.	Our Lady of Lourdes	St. James
Wednesday January 16th	Our Lady of Lourdes	6:30pm	SR.	Annunciation of Our Lord	St. Joachim
Wednesday January 16th	St. Marguerite D'Youville	5:00pm	SR.	St. Marguerite D'Youville	Our Lady of the Assumption
Thursday January 17th	Our Lady of Mount Carmel	5:15pm	SR.	Our Lady of Mount Carmel	St. Ann, Ancaster
Thursday January 17th	St. Ann, Hamilton	5:00pm	SR.	St. Ann, Hamilton	St. Patrick
Thursday January 17th	St. John the Baptist	5:00pm	SR.	St. John the Baptist	Notre Dame
Thursday January 17th	St. John the Baptist	6:30pm	SR.	St. Joseph	St. Matthew





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Week 3					
Day	GYM	Time	Division	Team 1	Team 2
Monday January 21st	ACMT	4:15pm	SR.	ACMT	St. Joachim
Monday January 21st	Sacred Heart	5:00pm	SR.	Sacred Heart	St. David
Monday January 21st	St. Teresa of Avila	4:15pm	SR.	St. Teresa of Avila	Regina Mundi
Monday January 21st	St. Martin of Tours	5:00pm	SR.	St. Martin of Tours	St. Teresa of Calcutta
Tuesday January 22nd	St. Eugene	4:15pm	SR.	St. Eugene	Immaculate Conception
Tuesday January 22nd	St. Augustine	5:00pm	SR.	St. Augustine	St. Bernadette
Tuesday January 22nd	St. Lawrence	5:00pm	SR.	St. Lawrence	St. Kateri
Tuesday January 22nd	St. Thomas	5:15pm	SR.	St. Thomas	St. Ann, Ancaster
Tuesday January 22nd	St. Paul	4:45pm	SR.	St. Paul	St. Margaret Mary
Tuesday January 22nd	St. Michael	5:00pm	SR.	St. Michael	Sts. Peter & Paul
Tuesday January 22nd	Immaculate Heart of Mary	5:00pm	SR.	Immaculate Heart of Mary	St. Luke
Wednesday January 23rd	Holy Name of Jesus	5:00pm	SR.	Holy Name of Jesus	St. Patrick
Wednesday January 23rd	St. Gabriel	5:00pm	SR.	St. Gabriel	Corpus Christi
Wednesday January 23rd	St. Gabriel	6:30pm	SR.	St. Francis Xavier	St. James
Wednesday January 23rd	Our Lady of Lourdes	5:00pm	SR.	Our Lady of Lourdes	St. Agnes
Wednesday January 23rd	Our Lady of Lourdes	6:30pm	SR.	Holy Name of Mary	Annunciation of Our Lord
Wednesday January 23rd	St. Marguerite D'Youville	5:00pm	SR.	St. Marguerite D'Youville	St. Mark
Thursday January 24th	Our Lady of Mount Carmel	5:15pm	SR.	Our Lady of Mount Carmel	Guardian Angels
Thursday January 24th	St. Ann, Hamilton	5:00pm	SR.	St. Ann, Hamilton	Notre Dame
Thursday January 24th	St. Ann, Hamilton	6:30pm	SR.	St. Joseph	St. Anthony Daniel
Thursday January 24th	St. John the Baptist	5:00pm	SR.	St. John the Baptist	St. Vincent de Paul
Thursday January 24th	St. John the Baptist	6:30pm	SR.	St. Matthew	Our Lady of the Assumption





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Week 4					
Day	GYM	Time	Division	Team 1	Team 2
Monday January 28th	ACMT	4:15pm	SR.	ACMT	St. Matthew
Monday January 28th	Sacred Heart	5:00pm	SR.	Sacred Heart	St. Teresa of Calcutta
Monday January 28th	St. Therese of Lisieux	4:15pm	SR.	St. Therese of Lisieux A	Annunciation of Our Lord
Monday January 28th	St. Teresa of Avila	4:15pm	SR.	St. Teresa of Avila	St. Ann, Ancaster
Monday January 28th	St. Martin of Tours	5:00pm	SR.	St. Martin of Tours	St. Margaret Mary
Tuesday January 29th	St. Eugene	4:15pm	SR.	St. Eugene	Corpus Christi
Tuesday January 29th	St. Augustine	5:00pm	SR.	St. Augustine	Regina Mundi
Tuesday January 29th	St. Lawrence	5:00pm	SR.	St. Lawrence	St. Patrick
Tuesday January 29th	St. Therese of Lisieux	4:15pm	SR.	St. Therese of Lisieux B	Sts. Peter & Paul
Tuesday January 29th	St. Thomas	5:15pm	SR.	St. Thomas	St. Vincent de Paul
Tuesday January 29th	St. Paul	4:45pm	SR.	St. Paul	St. Anthony Daniel
Tuesday January 29th	St. Michael	5:00pm	SR.	St. Michael	St. Joseph
Tuesday January 29th	Immaculate Heart of Mary	5:00pm	SR.	Immaculate Heart of Mary	St. James
Wednesday January 30th	Holy Name of Jesus	5:00pm	SR.	Holy Name of Jesus	Notre Dame
Wednesday January 30th	St. Gabriel	5:00pm	SR.	St. Gabriel	Holy Name of Mary
Wednesday January 30th	St. Gabriel	6:30pm	SR.	St. Francis Xavier	St. Agnes
Wednesday January 30th	Our Lady of Lourdes	5:00pm	SR.	Our Lady of Lourdes	St. Luke
Wednesday January 30th	Our Lady of Lourdes	6:30pm	SR.	St. Joachim	Our Lady of the Assumption
Wednesday January 30th	St. Marguerite D'Youville	5:00pm	SR.	St. Marguerite D'Youville	Guardian Angels
Thursday January 31st	Our Lady of Mount Carmel	5:15pm	SR.	Our Lady of Mount Carmel	Immaculate Conception
Thursday January 31st	St. Ann, Hamilton	5:00pm	SR.	St. Ann, Hamilton	St. Kateri
Thursday January 31st	St. John the Baptist	5:00pm	SR.	St. John the Baptist	St. Bernadette
Thursday January 31st	St. John the Baptist	6:30pm	SR.	St. Mark	St. David





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Week 5

Day	GYM	Time	Division	Team 1	Team 2
Monday February 4th	ACMT	4:15pm	SR.	ACMT	St. Matthew
Monday February 4th	Sacred Heart	5:00pm	SR.	Sacred Heart	St. Patrick
Monday February 4th	St. Therese of Lisieux	4:15pm	SR.	St. Therese of Lisieux A	St. David
Monday February 4th	St. Teresa of Avila	4:15pm	SR.	St. Teresa of Avila	St. Joseph
Monday February 4th	St. Martin of Tours	5:00pm	SR.	St. Martin of Tours	St. Luke
Tuesday February 5th	St. Eugene	4:15pm	SR.	St. Eugene	Notre Dame
Tuesday February 5th	St. Augustine	5:00pm	SR.	St. Augustine	St. Ann, Ancaster
Tuesday February 5th	St. Lawrence	5:00pm	SR.	St. Lawrence	Regina Mundi
Tuesday February 5th	St. Therese of Lisieux	4:15pm	SR.	St. Therese of Lisieux B	Immaculate Conception
Tuesday February 5th	St. Thomas	5:15pm	SR.	St. Thomas	Guardian Angels
Tuesday February 5th	St. Paul	4:45pm	SR.	St. Paul	St. Kateri
Tuesday February 5th	St. Michael	5:00pm	SR.	St. Michael	Our Lady of Lourdes
Tuesday February 5th	Immaculate Heart of Mary	5:00pm	SR.	Immaculate Heart of Mary	St. Agnes
Wednesday February 6th	Holy Name of Jesus	5:00pm	SR.	Holy Name of Jesus	St. Vincent de Paul
Wednesday February 6th	St. Gabriel	5:00pm	SR.	St. Gabriel	St. Joachim
Wednesday February 6th	St. Gabriel	6:30pm	SR.	St. Francis Xavier	St. Teresa of Calcutta
Wednesday February 6th	Our Lady of Lourdes	5:00pm	SR.	St. Anthony Daniel	St. Margaret Mary
Wednesday February 6th	Our Lady of Lourdes	6:30pm	SR.	Corpus Christi	Our Lady of the Assumption
Wednesday February 6th	St. Marguerite D'Youville	5:00pm	SR.	St. Marguerite D'Youville	Annunciation of Our Lord
Thursday February 7th	Our Lady of Mount Carmel	5:15pm	SR.	Our Lady of Mount Carmel	Holy Name of Mary
Thursday February 7th	St. Ann, Hamilton	5:00pm	SR.	St. Ann, Hamilton	St. Bernadette
Thursday February 7th	St. John the Baptist	5:00pm	SR.	St. John the Baptist	St. James
Thursday February 7th	St. John the Baptist	6:30pm	SR.	St. Mark	Sts. Peter & Paul

