



# Catholic Youth Organization

Athletics • Camping • Outdoor Education • Parish Youth Ministry

## Crusader Athletics Junior Girls' Volleyball 2019

Welcome to the 2019 Junior Girls Volleyball Season!

Junior Division I - 24 teams		
Annunciation of Our Lord	St. Eugene	St. Matthew
Corpus Christi	St. Gabriel	St. Margaret Mary
Holy Name of Jesus	St. Lawrence	St. Michael
Holy Name of Mary	St. Luke	St. Patrick
Immaculate Conception	St. Joachim	St. Paul
Monseigneur de Laval	St. Joseph	St. Teresa of Calcutta
Our Lady of the Assumption	St. Marguerite D'Youville	St. Therese of Lisieux
St. David	St. Mark	Sts. Peter & Paul
Junior Division II - 20 Teams		
Immaculate Heart of Mary	St. Ann, Ancaster	St. John Paul II
Notre Dame	St. Ann, Hamilton	St. John the Baptist
Our Lady of Lourdes	St. Augustine	St. Kateri
Our Lady of Mount Carmel	St. Bernadette	St. Martin of Tours
Regina Mundi	St. Clare	St. Teresa of Avila
Sacred Heart of Jesus	St. Francis Xavier	St. Thomas
	St. James	St. Vincent de Paul

\*\*\*\*During the regular season, you may be playing against teams in another division. The divisions above are the divisions for the playoffs and are based on population\*\*\*\*

### NEW for 2019!!

- The height of the volleyball net will be raised to 7 feet or 2.1 meters! (from 6 feet 6 inches or 2 meters)
- Overhand serving will be allowed in all divisions! (This doesn't mean you need to do it, underhand serving is still allowed)

**This is a 5 week season! Each team will play every week!**

**Playoff weekend is Friday, Saturday & Sunday, February 22, 23 and 24<sup>th</sup> 2019. Please mark this on your calendar.**

- Submit your rosters on or before January 25<sup>th</sup>, 2019

Have a great season! I will see you on the courts. Good luck!

Stephanie Accomando  
Program Co-ordinator  
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## Week 1

Day	GYM	Time	Division	Team 1	Team 2
Monday January 7th	Sacred Heart	4:15pm	JR.	Sacred Heart	St. Joseph
Monday January 7th	St. Therese of Lisieux	5:00pm	JR.	St. Therese of Lisieux	Immaculate Conception
Monday January 7th	St. Teresa of Avila	5:00pm	JR.	St. Teresa of Avila	St. Kateri
Monday January 7th	St. Martin of Tours	4:15pm	JR.	St. Martin of Tours	St. Clare
Tuesday January 8th	St. Eugene	5:00pm	JR.	St. Eugene	St. David
Tuesday January 8th	St. Augustine	4:15pm	JR.	St. Augustine	St. Vincent de Paul
Tuesday January 8th	Monseigneur de Laval	4:15pm	JR.	Monseigneur de Laval	Sts. Peter & Paul
Tuesday January 8th	St. Lawrence	4:15pm	JR.	St. Lawrence	Notre Dame
Tuesday January 8th	St. Thomas	4:30pm	JR.	St. Thomas	St. Bernadette
Tuesday January 8th	St. Paul	4:00pm	JR.	St. Paul	St. James
Tuesday January 8th	St. Michael	4:15pm	JR.	St. Michael	Holy Name of Mary
Tuesday January 8th	Immaculate Heart of Mary	4:15pm	JR.	Immaculate Heart of Mary	St. Ann, Ancaster
Wednesday January 9th	Holy Name of Jesus	4:15pm	JR.	Holy Name of Jesus	St. Margaret Mary
Wednesday January 9th	St. Gabriel	4:15pm	JR.	St. Gabriel	Our Lady of the Assumption
Wednesday January 9th	St. Gabriel	5:45pm	JR.	St. Francis Xavier	St. Teresa of Calcutta
Wednesday January 9th	Our Lady of Lourdes	4:15pm	JR.	Our Lady of Lourdes	St. Luke
Wednesday January 9th	Our Lady of Lourdes	5:45pm	JR.	Annunciation of Our Lord	Corpus Christi
Wednesday January 9th	St. Marguerite D'Youville	4:15pm	JR.	St. Marguerite D'Youville	St. Joachim
Thursday January 10th	Our Lady of Mount Carmel	4:30pm	JR.	Our Lady of Mount Carmel	Regina Mundi
Thursday January 10th	St. Ann, Hamilton	4:15pm	JR.	St. Ann, Hamilton	St. John Paul II
Thursday January 10th	St. John the Baptist	4:15pm	JR.	St. John the Baptist	St. Patrick
Thursday January 10th	St. John the Baptist	5:45pm	JR.	St. Mark	St. Matthew





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Week 2					
Day	GYM	Time	Division	Team 1	Team 2
Monday January 14th	Sacred Heart	4:15pm	JR.	Sacred Heart	St. Clare
Monday January 14th	St. Therese of Lisieux	5:00pm	JR.	St. Therese of Lisieux	Holy Name fo Mary
Monday January 14th	St. Teresa of Avila	5:00pm	JR.	St. Teresa of Avila	St. Bernadette
Monday January 14th	St. Martin of Tours	4:15pm	JR.	St. Martin of Tours	St. David
Tuesday January 15th	St. Eugene	5:00pm	JR.	St. Eugene	Sts. Peter & Paul
Tuesday January 15th	St. Augustine	4:15pm	JR.	St. Augustine	St. Kateri
Tuesday January 15th	Monseigneur de Laval	4:15pm	JR.	Monseigneur de Laval	Immaculate Conception
Tuesday January 15th	St. Lawrence	4:15pm	JR.	St. Lawrence	St. Vincent de Paul
Tuesday January 15th	St. Thomas	4:30pm	JR.	St. Thomas	Regina Mundi
Tuesday January 15th	St. Paul	4:00pm	JR.	St. Paul	St. Teresa of Calcutta
Tuesday January 15th	St. Michael	4:15pm	JR.	St. Michael	Corpus Christi
Tuesday January 15th	Immaculate Heart of Mary	4:15pm	JR.	Immaculate Heart of Mary	St. Margaret Mary
Wednesday January 16th	Holy Name of Jesus	4:15pm	JR.	Holy Name of Jesus	St. John Paul II
Wednesday January 16th	St. Gabriel	4:15pm	JR.	St. Gabriel	St. Mark
Wednesday January 16th	St. Gabriel	5:45pm	JR.	St. Francis Xavier	St. Luke
Wednesday January 16th	Our Lady of Lourdes	4:15pm	JR.	Our Lady of Lourdes	St. James
Wednesday January 16th	Our Lady of Lourdes	5:45pm	JR.	Annunciation of Our Lord	St. Joachim
Wednesday January 16th	St. Marguerite D'Youville	4:15pm	JR.	St. Marguerite D'Youville	Our Lady of the Assumption
Thursday January 17th	Our Lady of Mount Carmel	4:30pm	JR.	Our Lady of Mount Carmel	St. Ann, Ancaster
Thursday January 17th	St. Ann, Hamilton	4:15pm	JR.	St. Ann, Hamilton	St. Patrick
Thursday January 17th	St. John the Baptist	4:15pm	JR.	St. John the Baptist	Notre Dame
Thursday January 17th	St. John the Baptist	5:45pm	JR.	St. Joseph	St. Matthew





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Week 3					
Day	GYM	Time	Division	Team 1	Team 2
Monday January 21st	Sacred Heart	4:15pm	JR.	Sacred Heart	St. David
Monday January 21st	St. Teresa of Avila	5:00pm	JR.	St. Teresa of Avila	Regina Mundi
Monday January 21st	St. Michael	4:15pm	JR.	St. Michael	Sts. Peter & Paul
Monday January 21st	St. Martin of Tours	4:15pm	JR.	St. Martin of Tours	St. Teresa of Calcutta
Tuesday January 22nd	St. Eugene	5:00pm	JR.	St. Eugene	Immaculate Conception
Tuesday January 22nd	St. Augustine	4:15pm	JR.	St. Augustine	St. Bernadette
Tuesday January 22nd	Monseigneur de Laval	4:15pm	JR.	Monseigneur de Laval	St. Joachim
Tuesday January 22nd	St. Lawrence	4:15pm	JR.	St. Lawrence	St. Kateri
Tuesday January 22nd	St. Thomas	4:30pm	JR.	St. Thomas	St. Ann, Ancaster
Tuesday January 22nd	St. Paul	4:00pm	JR.	St. Paul	St. Margaret Mary
Tuesday January 22nd	St. Michael	4:15pm	JR.	St. Michael	Sts. Peter & Paul
Tuesday January 22nd	Immaculate Heart of Mary	4:15pm	JR.	Immaculate Heart of Mary	St. Luke
Wednesday January 23rd	Holy Name of Jesus	4:15pm	JR.	Holy Name of Jesus	St. Patrick
Wednesday January 23rd	St. Gabriel	4:15pm	JR.	St. Gabriel	Corpus Christi
Wednesday January 23rd	St. Gabriel	5:45pm	JR.	St. Francis Xavier	St. James
Wednesday January 23rd	Our Lady of Lourdes	4:15pm	JR.	Our Lady of Lourdes	St. Clare
Wednesday January 23rd	Our Lady of Lourdes	5:45pm	JR.	Holy Name of Mary	Annunciation of Our Lord
Wednesday January 23rd	St. Marguerite D'Youville	4:15pm	JR.	St. Marguerite D'Youville	St. Mark
Thursday January 24th	Our Lady of Mount Carmel	4:30pm	JR.	Our Lady of Mount Carmel	St. John Paul II
Thursday January 24th	St. Ann, Hamilton	4:15pm	JR.	St. Ann, Hamilton	Notre Dame
Thursday January 24th	St. Ann, Hamilton	5:45pm	JR.	St. Joseph	St. Therese of Lisieux
Thursday January 24th	St. John the Baptist	4:15pm	JR.	St. John the Baptist	St. Vincent de Paul
Thursday January 24th	St. John the Baptist	5:45pm	JR.	St. Matthew	Our Lady of the Assumption





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Week 4					
Day	GYM	Time	Division	Team 1	Team 2
Monday January 28th	Sacred Heart	4:15pm	JR.	Sacred Heart	St. Teresa of Calcutta
Monday January 28th	St. Therese of Lisieux	5:00pm	JR.	St. Therese of Lisieux	Annunciation of Our Lord
Monday January 28th	St. Teresa of Avila	5:00pm	JR.	St. Teresa of Avila	St. Ann, Ancaster
Monday January 28th	St. Martin of Tours	4:15pm	JR.	St. Martin of Tours	St. Margaret Mary
Tuesday January 29th	St. Eugene	5:00pm	JR.	St. Eugene	Corpus Christi
Tuesday January 29th	St. Augustine	4:15pm	JR.	St. Augustine	Regina Mundi
Tuesday January 29th	Monseigneur de Laval	4:15pm	JR.	Monseigneur de Laval	St. Matthew
Tuesday January 29th	St. Lawrence	4:15pm	JR.	St. Lawrence	St. Patrick
Tuesday January 29th	St. Thomas	4:30pm	JR.	St. Thomas	St. Vincent de Paul
Tuesday January 29th	St. Paul	4:00pm	JR.	St. Paul	St. John Paul II
Tuesday January 29th	St. Michael	4:15pm	JR.	St. Michael	St. Joseph
Tuesday January 29th	Immaculate Heart of Mary	4:15pm	JR.	Immaculate Heart of Mary	St. James
Wednesday January 30th	Holy Name of Jesus	4:15pm	JR.	Holy Name of Jesus	Notre Dame
Wednesday January 30th	St. Gabriel	4:15pm	JR.	St. Gabriel	Holy Name of Mary
Wednesday January 30th	St. Gabriel	5:45pm	JR.	St. Francis Xavier	St. Clare
Wednesday January 30th	Our Lady of Lourdes	4:15pm	JR.	Our Lady of Lourdes	St. Luke
Wednesday January 30th	Our Lady of Lourdes	5:45pm	JR.	St. Joachim	Our Lady of the Assumption
Wednesday January 30th	St. Marguerite D'Youville	4:15pm	JR.	St. Marguerite D'Youville	Sts. Peter & Paul
Thursday January 31st	Our Lady of Mount Carmel	4:30pm	JR.	Our Lady of Mount Carmel	Immaculate Conception
Thursday January 31st	St. Ann, Hamilton	4:15pm	JR.	St. Ann, Hamilton	St. Kateri
Thursday January 31st	St. John the Baptist	4:15pm	JR.	St. John the Baptist	St. Bernadette
Thursday January 31st	St. John the Baptist	5:45pm	JR.	St. Mark	St. David





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Week 5					
Day	GYM	Time	Division	Team 1	Team 2
Monday February 4th	Sacred Heart	4:15pm	JR.	Sacred Heart	St. Patrick
Monday February 4th	St. Therese of Lisieux	5:00pm	JR.	St. Therese of Lisieux	St. David
Monday February 4th	St. Teresa of Avila	5:00pm	JR.	St. Teresa of Avila	St. Joseph
Monday February 4th	St. Martin of Tours	4:15pm	JR.	St. Martin of Tours	St. Luke
Tuesday February 5th	St. Eugene	5:00pm	JR.	St. Eugene	Notre Dame
Tuesday February 5th	St. Augustine	4:15pm	JR.	St. Augustine	St. Ann, Ancaster
Tuesday February 5th	Monseigneur de Laval	4:15pm	JR.	Monseigneur de Laval	St. Matthew
Tuesday February 5th	St. Lawrence	4:15pm	JR.	St. Lawrence	Regina Mundi
Tuesday February 5th	St. Thomas	4:30pm	JR.	St. Thomas	Immaculate Conception
Tuesday February 5th	St. Paul	4:00pm	JR.	St. Paul	St. Kateri
Tuesday February 5th	St. Michael	4:15pm	JR.	St. Michael	Our Lady of Lourdes
Tuesday February 5th	Immaculate Heart of Mary	4:15pm	JR.	Immaculate Heart of Mary	St. Clare
Wednesday February 6th	Holy Name of Jesus	4:15pm	JR.	Holy Name of Jesus	St. Vincent de Paul
Wednesday February 6th	St. Gabriel	4:15pm	JR.	St. Gabriel	St. Joachim
Wednesday February 6th	St. Gabriel	5:45pm	JR.	St. Francis Xavier	St. Teresa of Calcutta
Wednesday February 6th	Our Lady of Lourdes	4:15pm	JR.	St. John Paul II	St. Margaret Mary
Wednesday February 6th	Our Lady of Lourdes	5:45pm	JR.	Corpus Christi	Our Lady of the Assumption
Wednesday February 6th	St. Marguerite D'Youville	4:15pm	JR.	St. Marguerite D'Youville	Annunciation of Our Lord
Thursday February 7th	Our Lady of Mount Carmel	4:30pm	JR.	Our Lady of Mount Carmel	Holy Name of Mary
Thursday February 7th	St. Ann, Hamilton	4:15pm	JR.	St. Ann, Hamilton	St. Bernadette
Thursday February 7th	St. John the Baptist	4:15pm	JR.	St. John the Baptist	St. James
Thursday February 7th	St. John the Baptist	5:45pm	JR.	St. Mark	Sts. Peter & Paul

